Look East

City of Norwood Payneham & St Peters Newsletter • Spring 2023





Council Facilities

Norwood Town Hall

175 The Parade, Norwood PO Box 204, Kent Town 5071 T: 8366 4555

E: townhall@npsp.sa.gov.au

Norwood Concert Hall

George Street, Norwood T: 8366 4557

E: norwoodch@npsp.sa.gov.au

W: www.norwoodconcerthall.com.au

Glynde Depot

30 Davis Road, Glynde T: 8360 9001

Norwood Library

110 The Parade, Norwood T: 8366 4546

Payneham Library & Community Facilities Complex (Tirkandi)

2 Turner Street, Felixstow T: 8336 0333

St Peters Library

101 Payneham Road, St Peters

T: 8334 0200

E: stpeters@npsp.sa.gov.au

Cultural Heritage Centre

101 Payneham Road, St Peters

T: 8334 0262

E: jladner@npsp.sa.gov.au

Payneham Community Centre

374 Payneham Road, Payneham

T: 8366 4640

E: paynehamcommunitycentre@

npsp.sa.gov.au

Norwood Swimming Centre

Phillips Street, Kensington T: 8431 1327

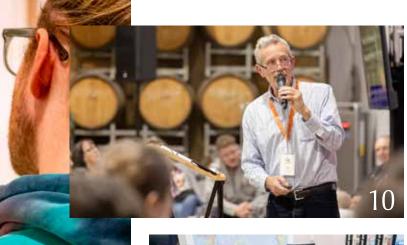
St Peters Child Care Centre & Preschool

42–44 Henry Street, Stepney T: 8362 1843

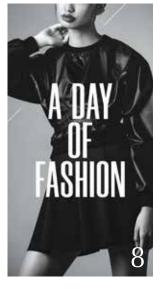
E: spccc@npsp.sa.gov.au















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Every care has been taken in compiling the contents of this publication however, the publisher assumes no responsibility for the effects arising therefrom. Opinions expressed in this publication may not be those of the City of Norwood Payneham & St Peters.

Edition Spring 2023

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Welcome to the Spring 2023 Edition of Look East

Spring is in the air and everyone at the City of Norwood Payneham & St Peters is looking forward to the warmer weather.

The Norwood Swimming Centre will be opening on 4 November this year, which is a bit later than planned. However, the Centre will be open for the entire 26 week swimming season, which is great news. You can find out more details on page 9.

Later this year, the Council will conduct its biennial Community Survey, aiming to gather input from residents and traders on ways to enhance our services further.

On a different note, on October 14, the Council will once again host a Day of Fashion.

This event was a huge success last year and we look forward to seeing hundreds of fashionistas visiting South Australia's Premier Main Street, The Parade, Norwood to not only shop, and swap clothes but learn about sustainability in the world of fashion.

In this edition, you will meet Claire Gower, a participant in the Stepping Out Program, and read about her appreciation and joy after being introduced to Volunteer, Tolga Okar, who is now a lifelong friend.

And on page 7, you won't believe the fortune of a very lucky husband and wife who won the Shop the Parade and Cruise Europe competition.

If you attended Raising the Bar on 8 August, you may spot yourself amongst the crowd at one of the many venues in our beautiful City. Our roving photographer attended almost every pub, bar, brewery and restaurant that hosted the array of speakers. You can find all the pictures on Page 6

We hope you enjoy the Spring digital edition of Look East.



Stephanie, SALA and a sense of intrigue

Stephanie Doddridge is an emerging contemporary artist who takes an autobiographical approach to art making, reflecting on personal experiences and emotions.

Stephanie recently exhibited On Harvesting Dandelions at The Gallery, at the St Peter's Town Hall Complex as part the South Australia Living Arts Festival and received one of SALA's top awards.

Look East recently sat down with Stephanie to chat about her inspiration, SALA and her plans for the future.

Firstly, on behalf of the City of Norwood Payneham & St Peters, congratulations on winning SALA's City Rural Emerging Artist Award. It was an honour to have your stunning work in our City and it certainly attracted hundreds of admirers and art lovers over the six week period it was on display.

Look East: Can you explain in more detail the inspiration behind Harvesting Dandelions and The Gardened Mind?

Stephanie: The exhibition came out of my ongoing interest in reciprocal human-nature relationships as they are experienced through gardens. Within these relationships there is an exchange of care and invested time which can lead to both human well-being and increased ecological function. The title, On Harvesting Dandelions, was chosen as intentionally growing dandelions demonstrates this relationship. Dandelions are entirely edible, provide for pollinators and are often suggestive of childhood garden experiences, where human-nature relationships begin.

The installation, The Gardened Mind, is a greenhouse structure housing sculptural elements and living plants. This work reflects upon the garden as an enclosed physical space of reciprocal nurture. Elements within the installation are drawn from recollected memories connected to childhood spent in gardens. The woven root systems suggest origins, stability, and neural networks within the mind.



Look East: At the SALA opening, Look East spotted many admirers at your exhibition, particularly the greenhouse, and it seemed to pique many conversations. Is that what you were hoping for?

Stephanie: I am mostly driven by my own desire to work through thoughts and emotions creatively. I am always happy when my work receives a good reception, and still somewhat surprised. I like when people feel a sense of intrigue at the work because they tend to spend more time with it. I had hoped the work in this exhibition, including the greenhouse installation, would encourage people to become closer to nature, to in turn build a sense of responsibility for nature.

Look East: Are you currently working on another installation/exhibition and can you tell us a little bit more about it?

Stephanie: I am currently working towards some more exhibitions with my prints and planning one installation. My interest in gardens is drawing me to nasturtiums at the moment, as they are sprawling throughout my garden at the end of winter. I'm reading about their origins and early depictions in art. This will be the starting point for my upcoming installation I think.

Thank you for taking the time to talk to Look East Stephanie!

To see more of Stephanie's work visit stephaniedoddridge.com







Stepping Out to meet new friends

The Stepping Out Program is a service provided by the Council which matches people experiencing loneliness with citizens who help to expand their lives and social circles.

In the Winter edition of Look East, Tolga Okar shared his story about why he enjoyed being a Volunteer with Stepping Out.

In this edition, Look East speaks to Tolga's Stepping Out companion and City of Norwood Payneham & St Peters resident, Claire Gower.

A friendship for life

Claire Gower is an entertainer and mime artist who loves nothing more than being on stage and making people laugh in comedy variety shows.

But due to ongoing and serious health issues and a very realistic fear of catching COVID-19, Claire spent most of her time alone in her unit in Marryatville.

When Claire's bird escaped, the loneliness became was more prevalent.

So when City of Norwood Payneham & St Peters employee Maria Do Conno who co-ordinates Stepping Out phoned to ask if she was still interested in having a Volunteer visitor "the timing was perfect", Claire says.

Claire accepted and was introduced to Tolga Okar.

"Tolga has taught me that I am worthwhile and that I can help somebody. I think I have taught him how to view things with a different approach – particularly when it comes to Australian culture."

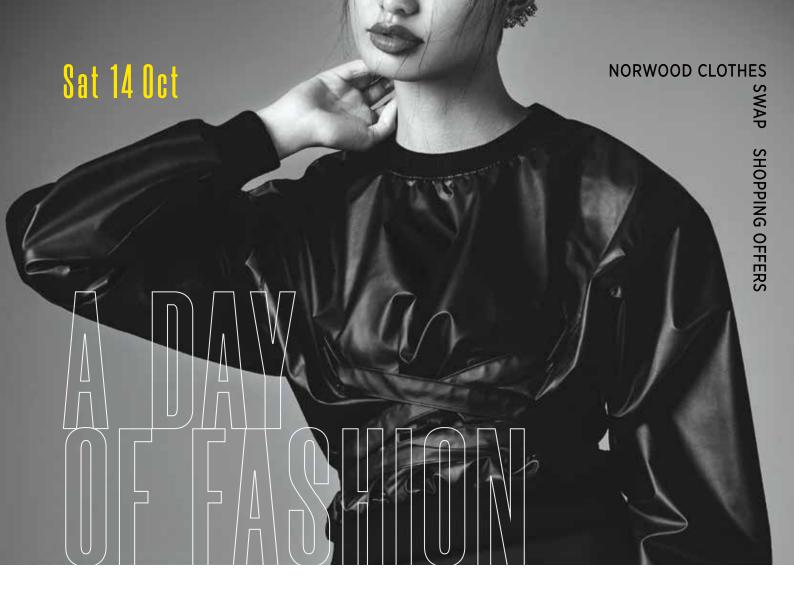
"He loves to chat and he loves to listen as well. It's really interesting to learn about his culture and his background."

Claire and Tolga have visited different churches in order to understand different faiths – which has deepened their friendship even further.

Claire says anyone experiencing loneliness should contact the Council and ask for information about the Stepping Out Program.

"I would say give it a go. Be open to new friendships. We live in such a multicultural country and Tolga and we have taught each other so much. He is such a wonderful man."

To find out more about the Stepping Out Program contact the Council's Community Care Services Project Officer Maria De Conno on 8366 4519.



A DAY OF FASHION—THE EPITOME OF STYLE, SHOPPING AND ENTERTAINMENT.

A Day of Fashion on The Parade presents the Norwood Clothes Swap event, shopping offers, live entertainment and more.

Spring will be in full bloom and with the weather warming up, The Parade, Norwood will be buzzing with activities, activations and discounts for shoppers of all ages and cater for all styles.

Enjoy exclusive in-store discounts and unique shopping experiences that will breathe new life into your wardrobe, ensuring you're impeccably dressed for the upcoming warmer days and balmy nights.

If you're seeking a more sustainable and community-oriented approach to revamping your wardrobe, look no further than the Norwood Clothes Swap event.

Here, you can bid farewell to up to 10 clothing items and accessories from your own collection while discovering up to 10 exciting pieces contributed by others—a true fashion exchange that embodies the spirit of renewal and sharing.

Whilst wandering The Parade, the live music at various locations will keep you entertained and add to the atmosphere of the day.

Mark your calendars and make sure you're part of A Day of Fashion 2023.

NORWOOD CLOTHES SWAP

Location: Norwood Concert Hall 175 The Parade, Norwood (enter via George Street) Time: check-in 9.30am-10.15am clothing swap 10.30am-12 noon

Tickets: Free event

Book via the paradenor wood. com

SHOPPING OFFERS

Don't miss out on exclusive offers and in-store experiences at participating businesses along The Parade.

Location: The Parade, Norwood

Time: 9am to 5pm View offers online

Behind the lens at Raising the Bar 2023

While all eyes were on the various speakers at Raising the Bar 2023, the Councils' roving photographer took some great pictures of audience members listening attentively and enjoying themselves.

Were you spotted in the crowd? View the photos from the night in the gallery above.

With sold out shows, a selection of thought provoking and captivating experts, Raising the Bar 2023 which was held on 8 August, was once again a resounding success.

The Alma hosted the biggest crowd with about 150 people gathered to hear from veteran Raising the Bar speakers, The Advertiser's Chief Court Reporter Sean Fewster and Change Management Consultant, Daniel Panozzo, who spoke about South Australia's legal system and their own podcast, Just Lawful.

Other topics included body language, how to deal with repeat offenders, bias and law, the management of cancer, domestic violence plus much more.

Raising the Bar is a global event series which began in New York and aims to make education a part of popular culture in cities across the world.

Thank you to everyone who attended this year. To find out more about Raising the Bar Adelaide and to express your interest to speak in 2024 click here.

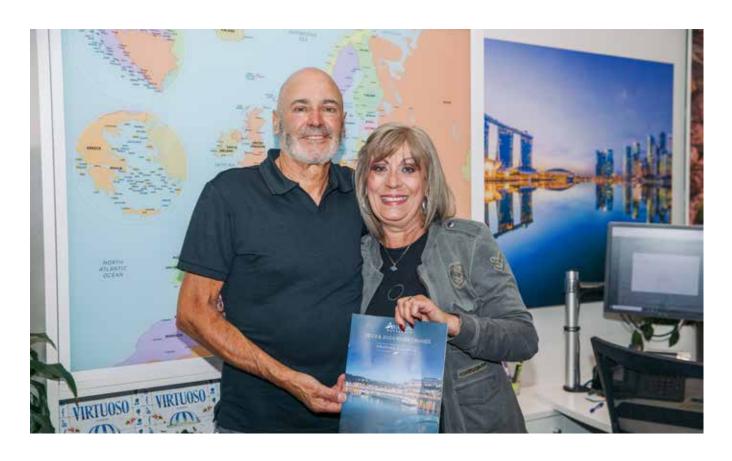
A good incentive to shop on The Parade

The Parade Norwood gift cards have resulted in a solid funding boost directly back into the local economy, since they were introduced a year ago.

The concept was created by the Council's Norwood Parade Precinct Committee in order to help support the local economy.

Data compiled for the Council's Annual Report has revealed that in 2022–2023, The Parade Gift Card was loaded 117 times generating \$4400 in direct revenue into the local economy. The Parade gift card is available from the Norwood Town Hall and can be purchased and loaded from as little as \$10 up to \$1,000.

The cards are the perfect gift for any occasion and can be used at businesses within The Parade Precinct—including restaurants, coffee shops, boutiques, homewares, florists and more.



Shop the Parade and Cruise Europe

Mario and Lucia Staltari thought they were lucky when they won three meat trays over successive weekends at their local pub.

But that rapidly faded in comparison to when they received a phone call from the City of Norwood Payneham & St Peters.

Just four days before departing on a six-week holiday to Europe in July 2023, the Valley View husband and wife were told they had won......a holiday of a lifetime, to Europe!

The Shop The Parade and Cruise Europe competition is valued at over \$14,000 and attracted 2900 entries, based on purchases at 159 different Parade Precinct businesses.

The holiday which includes return airfares, a balcony cabin on the Avalon Waterways Danube Symphony Cruise, begins in Budapest, Hungary and concludes in Vilshofen, Germany, with \$2,000 spending money.

Still shaking his head in disbelief, Mario said he and Lucia both regularly visit The Parade.

"The Parade brings people from all over Adelaide," Mario said.

"We love it—the restaurants, the atmosphere, we love everything about it."

"So, when I saw the competition in the Mac Centre, at Norwood, and how easy it was to enter, I just did."

Mario, who is recently retired from 50 years' working in the finance sector, says he is looking forward to relaxing on the river cruise, which is renowned for its peacefulness and serenity.

Lucia, who owns her own hairdressing business in Royston Park, Hair Mode on Battams, says it will be the "holiday to end all holidays".

"We both agree that we are very, very lucky and we are grateful," she said.

The competition prize was possible thanks to Travel Associates Norwood, their partner company Avalon Waterways and the Norwood Parade Precinct Committee.

In total, \$482,327 was spent within The Parade Precinct providing the economic boost which the competition was created to generate.

Anyone aged 18 or older could enter the competition by making a purchase of \$25 or more at any Parade Precinct business and entering online.

Around the City

Updates from the Council and a look at what's happening in and around your local area.

Each of the projects carried out by the Council works towards the four outcomes of its Strategic Management Plan, CityPlan 2030: Shaping Our Future. Together reaching these outcomes helps to achieve the Council's overall goal of Community Well-being.



Social Equity



Cultural Vitality



Economic Prosperity



Environmental Sustainability



The Community Survey is coming soon!

The City of Norwood, Payneham & St Peters' biennial Community Survey is just around the corner.

The Council wants to hear from residents and business operators about how we can continue to improve our services.

Undertaking the survey assists the Council on how to prioritise services and programs and infrastructure.

The Community Survey helps to identify areas where it can improve performance to meet the community's needs and expectations.

The Council takes this feedback seriously and continues to prioritise and fund capital works and renewal projects throughout the City.

If a surveyor asks for your feedback the Council would be very grateful if you took a few minutes to participate. Direct and relevant input about our community is exactly what the Council is after.

For more information about the Community Survey please contact the Manager of Communications & Community Relations, Simonne Whitlock on 83664528 or swhitlock@npsp.sa.gov.au



Norwood Swimming Centre update

The Norwood Swimming Centre will now be open to the public on Saturday 4 November.

Unfortunatley the opening of the pool had been delayed due to damage found in the structure of the pool which Council staff discovered once the Pool was drained in Winter.

The Council acted swiftly to undertake maintenance work, hire contractors, and have the problems fixed.

We know how much this Centre is loved by the community and we apologise for the slight delay and look forward to seeing you on 4 November.

However, the Council is still providing a 26 week swimming season as per previous years.

Facilities at the Pool include a:

- shaded toddler pool;
- 50 metre main pool;

- Inflatable obstacle course (every Sunday between 12.30pm and 3.30pm from December to the end of February);
- · change rooms;
- shower and bathroom facilities;
- BBQs; and
- kiosk.

To find out more about the swimming season click here.

Do you know an Outstanding Citizen of the Year?

The Citizen of the Year Awards are an excellent way to celebrate the achievements and contributions made by outstanding members of our community.

The Awards reward and recognise individuals and organisations that have made a noteworthy contribution during the current year, and/or given outstanding service over a number of years to a local community over and above normal employment duties.

The Awards will be presented at the City of Norwood Payneham & St Peters Australia Day Celebrations on January 26 2024.

To find out more about the nomination process click <u>here</u>.



Thermal Imaging Cameras now available to borrow

The Council has recently purchased thermal imaging cameras and citizens are welcome to borrow them.

The cameras are beneficial because they detect areas of heat loss and unwanted heat gain.

The Council aims to enable the community to:

- improve the thermal comfort of their homes so they stay warmer in winter and cooler in summer;
- reduce energy bills by helping citizens to understand usage and areas to reduce consumption;

- adapt to a changing climate; and
- reduce cost-of-living pressures.

The Council also has Home Energy Toolkits which offer a simple process for citizens to undertake an energy audit which will help provide clarity in relation to your household's energy consumption.

To borrow a thermal imaging camera, visit one of our three Libraries or place one on hold via the online catalogue click <u>here</u>.

NPSP wins GOLD again!

For the fifth year in a row, the City of Norwood Payneham & St Peters has received the coveted and highly respected Gold Award for its 2021– 2022 Annual Report at the Australasian Reporting Awards.

The ARA Awards are open to all private sector, public sector and not-for-profit organisations in Australia, New Zealand and countries in the Asia-Pacific region and beyond.

To read the 2021–2022 Annual Report click <u>here</u>.



Lifelong Learning in our Libraries

Enjoy a range of fun activities at the Council's Libraries.

Make your own Polymer Clay Earrings

Thursday 26 October and Saturday 28 October 10.30am–12:00 noon St Peters Library \$5 per person

Movies at the Library

Wednesday 18 October and Wednesday 15 November 2.00pm-4.00pm Payneham Library Free

Ayurveda Cooking Workshops

Thursday 9 November and Saturday 11 November 10.30am–1:00pm St Peters Library \$5 per person

Mandala Workshop

Saturday 4 November St Peters Library 2.00pm–3.30pm \$5 per person



SOOK NOW

Please be advised that event details may undergo changes or reach full capacity. For more information visit npsp.sa.gov.au



NORMOD CHRISTMAS PAGEANT

Saturday 18 November

10.00am The Parade, Norwood

Starting at Woods Street and travels east along The Parade to Queen Street.









